



1200 Cartier Avenue, Coquitlam
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Your Community
Your Centre

Baby's First Year Free Drop-In

GUEST SPEAKERS—Winter 2012

January 13	Rachel Goldstein	Baby Massage
January 20	Paul Hendriks	Registered Education Plans
January 27	Jamie Lynn Davis	Baby Sign Language
February 3	Penny Lehoux	Medicine and Babies
February 10	Marnie Tocheniuk	Postpartum Health
February 17	Thérèse Nahimana	Baby French
February 24	Dawn Whittaker	Sleep
March 2	Christine Baron	Wills and Estates
March 9	Erin Newell	Nutrition & Weaning
March 30	Linda Moon	Dental Health



**Generously sponsored by the
United Way of the Lower Mainland**

**Fridays, 1:45 to 3:15pm
Place Maillardville Heritage Room**