“Love the place, the people and what it means to so many.”
- Community Partner

“Excellent instructors! well prepared, enthusiastic, tailor teaching to individual students.”
- Program Participant

“A fantastic resource for families.”
- Program Parent

“This place is awesome for birthday parties! It has everything you need.”
- Birthday Party Participant

“Great local community resource and programs.”
- Community Family

IN THIS GUIDE
• SPRING CAMPS
• PARENT & BABY YOGA
• YOUTH BAKING
• LOVE BUGS
Welcome to Place Maillardville Community Centre.

We are a non-profit organization offering recreation programs and services for the residents of Maillardville and the surrounding areas. Partially funded by the City of Coquitlam, the Centre has provided high-quality programming from this existing building since 2001.

Our Volunteer Board of Directors and dedicated staff work hard to ensure that our Centre remains relevant and provides programs and services that will meet the needs of this culturally diverse community for many years to come.

The City of Coquitlam has recently announced a re-development of this site to include a new Community Centre building. We are excited about the project and the fabulous opportunities it will provide for us and to expand our services for our community. Stay tuned as the details of this exciting project emerge!

Also, take a few moments to read over the list of programs that we will be offering for the coming season. We think you will be pleasantly surprised and are likely to find something that will interest you and your family. We offer programs for everyone: from the very young all the way up to our active seniors programs, and all age groups in between.

If you need further info, check out our web-site www.placemaillardville.ca or drop-in and talk to our friendly staff who will be pleased to assist you and/or offer you a tour of our facility.

Also, our Board is always on the look-out for enthusiastic community volunteers. It will be an exciting time as we work closely with the City of Coquitlam to develop and finalize a design and program spaces for the new facility.

For more details on Board of Director opportunities, please contact us at board@placemaillardville.ca

We look forward to seeing you!!

Bill Boons, Board President

Our Board of Directors

Bill Boons | President
Stephanie Lam | Vice President
Phil Cappellini | Treasurer
Naomi Khan | Secretary
Richard Coulombe | Director
iris yong | Director
Tracy Frazer | Director
Katherine Joly | Director
Husain Vahanvaty | Director
Jerry Kidwell | Director Emeritus
Jean Lambert | Director Emeritus

Mission Statement
At Place Maillardville, we help unify and strengthen Maillardville and make it a better neighbourhood by offering opportunities that enable our neighbours to enrich their lives through participation in community programs, community involvement and volunteerism.
HOW TO REGISTER
- All of our listed prices in our guide include taxes
- You may register in person, at the Centre or by telephone
- You may pay by cash, cheque, debit or credit card
- Waivers must be completed prior to the program start date
- Course fees must be paid in full at the time of registration

REFUND POLICY
- No refunds on missed classes
- Program cancellations will result in a full refund
- Any withdrawal requests after the start of the program will be a pro-rated refund minus a $25 administration fee
- Visit our website for full refund policies

ALLERGY ALERT
- Place Maillardville is a nut aware facility. Please do not bring peanut or tree nut products to the Centre.

CONTACT US
- Phone 604.933.6166
- Fax 604.933.6168
- Email info@placemaillardville.ca
- Website www.placemaillardville.ca
- Facebook Place Maillardville Community Centre
- Twitter @PMCC_Coquitlam

OFFICE HOURS
- Monday - Friday (year round) 9:00am - 9:00pm
- Saturdays 9:00am - 1:00pm
- Sundays 9:00am - 1:00pm
We are closed on all statutory holidays

HOW TO FIND US
1200 Cartier Ave Coquitlam, BC V3K 2C3
Our parking lot is located off of Laval Sq, and can accommodate up to 44 vehicles. Street parking is also available.

Many of our instructors are High Five® and Equitas trained and certified. All of our fitness instructors are certified. All of our instructors are First Aid certified.
Love Bugs
A Valentine’s Day Event

- Cookie Decorating
- Valentine’s Day Crafts
- Themed Games
- Card Making

Sunday
February 10th
3 pm to 5 pm
$7 per child

To register, please call 604.933.6166
1200 Cartier Ave., Coquitlam BC
Family Drop In (0-5yrs)
FREE for 25 classes
**Mondays & Wednesdays**, 9:15am - 11:15am
**Saturdays**, 10:00am - 12:00pm
January 7 - March 11

We welcome all parents and family caregivers with children 0-5 yrs. Children can interact with other children and learn developmental and social skills. Parents can meet other parents, share information and support. This program provides opportunities to learn through various cooperative games, climbing equipment, crafts, & reading. Parents must stay with their children. Each Wednesday, the Coquitlam Public Library’s mobile branch will stop by with plenty of great kid’s books, best sellers, & DVDs to sign out. Registration is not required. *This program is made possible by the United Way of the Lower Mainland and the Ministry of Children and Family Development.

No program: January 23, February 16 & 18

Parent & Baby Play & Learn (0-18mths)
FREE for 7 classes
**Tuesdays**, 11:30am - 1:00pm
January 22 - March 5

This program is for expecting parents, grandparents and/or guardians, as well as their newborn to 18 month old babies. The program offers guest speakers on several topics and a chance to enjoy supportive conversation with other caregivers. Registration is not required. *Funded by the United Way of the Lower Mainland and the Ministry of Children and Family Development.

NEW Parent & Baby Story Time (0-3yrs)
$25.00 for 4 classes
**Fridays**, 9:15am - 10:00am
January 18 - February 8

Join in with your wee one for some fun with other parents and toddlers! Learn some new songs, stories and games to do together. This is a great chance for parents and children to meet some new friends. Registration is required.

Parent & Baby Yoga (0-12mths)
$25.00 for 4 classes
**Fridays**, 1:30pm - 2:15pm
January 18 - February 8

Regain your active lifestyle and flexibility while strengthening the bond that you have with your baby. Parent & Baby Yoga will encourage babies to explore their own movements, while parents enjoy the calming stretches of yoga. This program is best for infants as young as 6 weeks old to babies beginning to walk. Please bring your mat (for you and baby to share), a blanket and a water bottle. Bolsters and mats will be available to borrow if needed. Registration is required.

NEW Family Cook Off
$30.00 per family of 3 for 4 classes
**Saturdays**, 6:00pm - 7:30pm
January 19 - February 9

This is a new program for families who want to learn to cook something new together! We will cook a new recipe each week and will also cover some basic cooking safety and techniques. Registration is required.

NEW Mom & Babe Fitness Fusion (0-1yrs)
$20.00 for 4 classes
**Thursdays**, 9:15am - 10:00am
February 21 - March 14

Moms, bring your baby and join in some fitness fun! Our instructor will lead you in various forms of fitness to help you get moving while with your little one. Pre-walking babies welcome! Registration is required.

NEW Dad and Me! (3-5yrs)
$25.00 for 4 classes
**Sundays**, 9:45am - 10:30am
January 13 - February 3

Dad and Me is a program designed for dads to have some time with the kids and try some new games, crafts and activities. Registration is required.

Please call 604.933.6166
Early Years: Playtime

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>9:30am - 11:30am</td>
<td>French Playtime</td>
<td>Les Petits Français</td>
<td>French Playtime</td>
<td>Les Petits Français</td>
<td>French Playtime</td>
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<tr>
<td>11:30am - 1:30pm</td>
<td>Afternoon Playtime Make a Mess</td>
<td>Afternoon Playtime Mini Builders</td>
<td>Afternoon Playtime Soccer &amp; Lunch</td>
<td>Afternoon Playtime Just Dance</td>
<td>Afternoon Playtime Story &amp; Craft</td>
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<td>12:30pm - 2:30pm</td>
<td>NEW English Play &amp; Learn</td>
<td>NEW English Play &amp; Learn</td>
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- All children must be fully toilet trained.
- These programs are not parent participation.
- Please bring a healthy snack, a reusable water bottle and change of clothing for each class.
- Children should wear/bring appropriate clothing & shoes for indoor and outdoor activities.
- Please make sure that all waivers and necessary packages are handed back before the deadline.

**French Playtime (4-5yrs)**
$360.00 for 24 classes  
**Mondays, Wednesdays & Fridays, 9:30am - 11:30am**  
January 14 - March 13

*French Playtime for the younger child.* This play-based program introduces the French language through story-telling, crafts, songs, movement and more. Please pack a healthy snack and a reusable water bottle.  
**No program: Feb. 18 & Feb. 22**

**Les Petits Français (3-4yrs)**
$252.00 for 18 classes  
**Tuesdays & Thursdays, 9:30am - 11:30am**  
January 15 - March 14

A good introduction to French for those considering French Immersion. This play-based program introduces the French language through story-telling, crafts, songs, movement and more. Please pack a healthy snack and a reusable water bottle.  
**No program: Feb. 18 & Feb. 22**

**NEW English Play & Learn (3-5yrs)**
$324.00 for 24 classes  
**Mondays, Wednesdays & Fridays, 12:30pm - 2:30pm**  
January 14 - March 13

This play-based program introduces children to learning through story-telling, crafts, songs, movement and more. There will be several different themes explored throughout the program. Please pack a healthy snack and a reusable water bottle.  
**No program: Feb. 18 & Feb. 22**

To register for a program,
Afternoon Playtime - Make a Mess (3-5yrs)
$114.00 for 8 classes  
**Mondays**, 11:30am - 1:30pm  
January 14 - March 11

Come and get messy in this fun sensory play based program. Your child will make new discoveries using their five senses. Supplies and materials are provided. **No program: Feb. 18**

Afternoon Playtime - Mini Builders (3-5yrs)
$126.00 for 9 classes  
**Tuesdays**, 11:30am - 1:30pm  
January 15 - March 12

Allow your mini builders to release their inner creativity! This program introduces children to building with all sorts of materials such as blocks, Lego, toothpicks and more! Supplies and materials are provided.

Afternoon Playtime - Soccer & Lunch (3-5yrs)
$126.00 for 9 classes  
**Wednesdays**, 11:30am - 1:30pm  
January 16 - March 13

This program helps kids learn the importance of team play, physical literacy, and healthy eating habits. Each week includes soccer drills and games followed by lunch. A healthy snack will be supplied each week but children need to bring their own lunch.

Afternoon Playtime - Just Dance (3-5yrs)
$126.00 for 9 classes  
**Thursdays**, 11:30am - 1:30pm  
January 17 - March 14

This program encourages your child to explore their curiosity through this play-based dance and music class. We also do some fun crafts. Supplies and materials are provided. **No program: Feb. 22**

Afternoon Playtime - Story & Craft (3-5yrs)
$114.00 for 8 classes  
**Fridays**, 11:30am - 1:30pm  
January 18 - March 15

Come and jump into a book! Children will learn a new story each week and make a craft that relates to the book. Supplies and materials are provided. **No program: Feb. 22**

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**please call 604.933.6166**
Birthday Parties (1-15yrs)
$180.00 for 12 children, $8.00 per extra child
**Saturday:** 1:30pm - 3:30pm or 5:00pm - 7:00pm  
**Sunday:** 11:00am - 1:00pm or 2:30pm - 4:30pm

Your party will consist of a combination of fun leader-led activities and free play time. Fees include tables and chairs, a selection of age-appropriate toys and equipment, plus the use of the kitchen. All parties include an additional 30 minutes to set up and 30 minutes to clean up after the party. Please note that parties are open for registration seasonally. For more detailed information, please see page 16.

Kids' Paint & Snack (7-12yrs)
$25.00 per child  
**Saturday:** 5:00pm - 7:00pm  
**February 23**

Kids only! Children will get creative while having fun with friends. They will be given the opportunity to paint beautiful works of art that they get to take home while nibbling on delicious snacks and lemonade. Canvas, paints, and snacks are included. Registration is required.

Games Night! (5-12yrs)
$12.25 per child  
**Saturday:** 6:00pm - 8:00pm  
**March 2**

Kids only! Parents can enjoy a couple of hours of R&R while their kids will join our staff for 2 hours of fun games, and creative play.

Make a Movie! (5-12yrs)
$25.00 per child  
**Filming:** Saturday, January 19, 12:00pm - 4:00pm  
**Viewing:** Friday, February 1, 4:30pm - 5:30pm

Make a movie with you as the star! On Saturday January 19th we will spend the day making our motion picture (with some snacks along the way). We will be showing our movie on Friday February 1st. Registration is required.

NEW Junior Hip Hop (5-10yrs)
$24.00 for 4 classes  
**Mondays:** 5:00pm - 5:45pm  
**January 28 - February 25**

Come and learn some moves in our new Junior Hip Hop class. Our experienced Hip Hop instructor will teach the latest moves and choreograph a fun dance to perform at the end of the session. Registration is required. **No program: February 18**

NEW Junior Baker (6-12yrs)
$64.00 for 4 classes per session  
**Tuesdays:** 6:00pm - 7:30pm  
**Session 1:** January 22 - February 12  
**Session 2:** February 19 - March 12

Kids only! Join us as we bake up a storm. Each week we will be baking something new, as well as, learning about kitchen safety. Children will be able to bring the finished product home. Registration is required.

Fun with French Home School (6-12yrs)
$63.00 for 7 classes  
**Wednesdays:** 11:00am - 12:00pm  
**January 30 - March 13**

We are bringing back our Fun with French Home School program. The program will teach French in a fun and innovative way through crafts, music, games and more. Registration is required.

NEW Junior Art-a-tack (5-10yrs)
$35.00 for 4 classes  
**Wednesdays:** 6:00pm - 7:00pm  
**January 30 - February 20**

Calling all young artists! Join us as we learn new art styles and experiment with different mediums. Each week you will bring home a new and unique masterpiece such as sculptures and paintings. Registration is required.

Fun with French (6-12yrs)
$82.00 for 8 classes  
**Thursdays:** 6:00pm - 7:15pm  
**January 24 - March 14**

This program promotes a fun and innovative approach to learning the French language and culture through crafts, games, cooking, music and much more. We also offer an adult French program at the same time.

Pro-D Day Camps (Grades K-7)
$32.00 per day, per child  
**Friday:** 8:30am - 3:00pm  
**February 22**

We offer a fun day of indoor and outdoor sports, games, crafts and activities on District Wide Professional Days. Mini camp for grades K-3 and Youth camp for grades 4-7. Register early as space is limited.
Fun with French for Youth (10-15yrs)
$52.50 for 6 classes
**Saturdays**, 11:30am - 12:45pm
February 2 - March 9
This program is ideal for students considering late French Immersion or who are passionate about learning new languages. Lessons will go over basic verb conjugation, grammar, and vocabulary in a game-based and engaging way to help support French being taught in school.

Kidproof Babysitting Course (10-15yrs)
$60.00 for 6 classes
**Saturdays**, 1:00pm - 2:30pm
February 9 - March 16
The Kidproof Babysitter Training course will teach you the skills needed to care for children, handle emergencies, manage risk, feed babies, play safely, and more. This hands-on training is designed to build your confidence and help you succeed. Participants will receive a certificate after successful completion of tested materials. Babysitter’s Handbook included in program fee.

Art-a-tack @ Maillard (10-15yrs)
$36.00 for 6 classes
**Thursdays**, 3:15pm - 4:45pm
January 24 - February 28
Join us after school and express yourself through art! We will be working with different materials each week to create paintings, sculptures, and collages. All materials are provided. This program takes place at Maillard Middle School 1300 Rochester Ave, Coquitlam.

Itch to Stitch - Stuffed Animal Creations (10-15yrs)
$36.00 for 4 classes
**Wednesdays**, 5:00pm - 6:00pm
February 6 - February 27
Bring your friends and learn how to make your own stuffed animal. Your instructor will help you customize your project to fit your personality. Herbal tea, hot chocolate, and sewing materials will be provided. Stuffed animals will be sent home on the last day of class.

Art-a-tack @ Maillard (10-15yrs)
$36.00 for 6 classes
**Thursdays**, 3:15pm - 4:45pm
January 24 - February 28
Join us after school and express yourself through art! We will be working with different materials each week to create paintings, sculptures, and collages. All materials are provided. This program takes place at Maillard Middle School 1300 Rochester Ave, Coquitlam.

Pro-D Day Camps (Grades K-7)
$32.00 per day, per child
**Friday**, 8:30am - 3:00pm
February 22
We offer a fun day of indoor and outdoor sports, games, crafts and activities on District Wide Professional Days. Mini camp for grades K-3 and Youth camp for grades 4-7. Register early as space is limited.

After School Future Chefs @ Maillard (10-15yrs)
$30.00 for 4 classes
**Tuesdays**, 3:15pm - 5:15pm
Session 1: January 22 - February 12
Session 2: February 19 - March 12
Young inspiring chefs will get the opportunity to learn how to cook yummy and healthy food. This program takes place at Maillard Middle School, 1300 Rochester Ave, Coquitlam. Registration is required.

NEW Youth Baking @ The Centre (10-15yrs)
$36.00 for 4 classes
**Fridays**, 5:00pm - 6:30pm
January 25 - February 15
Learn how to create your own tasty breads, cakes, and pastries. Bakers will learn how to use different baking tools and techniques to create treats they will be proud to take home and share with their families.

**NEW Youth Baking @ The Centre (10-15yrs)**
$36.00 for 4 classes
**Fridays**, 5:00pm - 6:30pm
January 25 - February 15
Learn how to create your own tasty breads, cakes, and pastries. Bakers will learn how to use different baking tools and techniques to create treats they will be proud to take home and share with their families.

**Please call 604.933.6166**
Winter Day Camps (Grades K-7)
$40.00 per day, per child
8:30am - 3:30pm
January 2 - January 4

Register for one day at a time. We will offer themed and fun-filled days with a variety of activities, including sports, games, arts & crafts, cooking and more! Mini camp for grades K-3 and Youth camp for grades 4-7. Register early as space is limited. **Children must be in Kindergarten to register.**

Winter Day Camps After Care (Grades K-7)
$5.00 per day, per child
3:30pm - 5:00pm
January 2 - January 4

If your child is registered in the Winter Day Camps, you can extend their day by signing them up for the After Care program. Please note that you must register for each day separately. For all of our day camps, we request that all children wear closed toe running shoes for indoor play. All children must wear the appropriate clothing for the weather. This may include warm jackets, mittens, toques, etc.

Pro D Day Camps (Grades K-7)
$32.00 per day, per child
Friday, 8:30am - 3:00pm
February 22

We offer a fun day of indoor and outdoor sports, games, crafts and activities on District Wide Professional Days. Mini camp for grades K-3 and Youth camp for grades 4-7. Register early as space is limited!

Spring Break Camps (Grades K-7)
$135.00 per week, per child
8:30am - 3:30pm
**Week 1:** March 18 - March 22
**Week 2:** March 25 - March 29

Place Maillardville Community Centre is pleased to offer Spring Day Camps! Register early as spaces fill up quick! We will offer themed and fun-filled days with a variety of activities, including sports, games, arts, crafts, cooking and more! **Children must be in Kindergarten to register.**

Mini Camp: 4-6 yrs
Junior Camp: 7-8 yrs
Kids Camp: 9-10 yrs
Youth Camp: 11-13 yrs

Spring Break Camps After Care
$25.00 per week, per child
3:30pm - 5:00pm
**Week 1:** March 18 - March 22
**Week 2:** March 25 - March 29

If your child is registered in the Spring Day Camps, you can extend their day by signing them up for the After Care program. This add-on is only for children registered in the day camp.
Infant Sleep & Breastfeeding Workshop (16yrs+)
FREE
**Wednesday**, 6:30pm - 8:30pm
January 16

In partnership with Agnes Mayer, a Registered Nurse and the owner of "The Mama Coach-Tri-Cities", we would like to invite you to join us for this FREE infant workshop. Agnes has a background in Labour & Delivery as well as, Maternity. She offers services in the Tri-Cities such as Prenatal Classes, Breastfeeding Workshops, Sleep Seminars, Breastfeeding support and more! This particular workshop will focus on infant sleep and will include a breastfeeding component. Registration is required. Babies are welcome! Registration deadline: Jan. 9

Volunteer Group Interview (13yrs+)
FREE
**Friday**, 6:00pm - 7:00pm
January 25 & March 8

Place Maillardville Community Centre volunteers are required to complete an interview as part of the application process. If you are interested in volunteering for any of our programs and/or events, please register for one of the 2 group interviews offered this season. Please note that you must bring a completed application form to the group interview, which can be found on our website. Successful volunteers are required to attend an orientation training. If you are 16 years of age or older, you must complete a Police Information Check. You will find out more about these during the interview. Registration is required!

Face Painting Workshop (13yrs+)
FREE
**Saturday**, 12:00pm - 1:30pm
February 2

Join us for this face painting workshop where you will learn the basics of face painting. This is a great workshop for volunteers to expand their knowledge. Tell your friends! Registration is required. Registration deadline: Jan. 26

Love Bugs - A Valentine’s Day Event (12yrs & under)
$7.00 per child (under 18 months free)
**Sunday**, 3:00pm - 5:00pm
February 10

Register early as space is limited. Join us for an afternoon of Valentine’s Day themed activities. We will make Valentine’s Day cards, decorate cookies, play games and so much more. Registration is required. Registration deadline: Feb. 3

Balloon Twisting Workshop (13yrs+)
FREE
**Saturday**, 12:00pm - 1:30pm
March 2

Join us for this Balloon Twisting workshop where you will learn how to make cute creations from balloons. This is a great workshop for volunteers to expand their knowledge. Tell your friends! Registration is required. Registration deadline: Feb. 23

Baby & Kids Swap Meet (All Ages)
$15.00 per table
**Sunday**, 9:00am - 1:00pm
March 10

Join us for our seasonal swap meet. Bring your gently used baby and children’s toys and clothes to sell, or stop by to find some great deals. Admission is only $1.00 at the door (children are free). All proceeds go towards program subsidies. Call to book your table today. Registration deadline: Mar. 3

Essential Oils Workshop (16yrs+)
FREE
**Wednesday**, 6:30pm - 8:30pm
March 13

In partnership with Jen Beattie, a Wellness Advocate for DoTerra Essential Oils, learn the key elements and uses for essential oils for common ailments. Backed by Health Canada, DoTerra oils are 100% pure and can be used topically, internally, as well as, aromatically around your home. This free workshop will not only offer you information about how to utilize essential oils, but there will be free samples available as well. Registration deadline: Mar. 6

Family Fun Day (all ages)
FREE
**Saturday**, 10:00am - 1:00pm
May 25

Come on out to the 8th annual Family Fun Day! This free event is filled with community booths, games, crafts, food, and live entertainment. Back by popular demand, Bobs & LoLo will be performing their five time JUNO nominated songs on stage. You will also have an opportunity to meet with many local community groups. More information can be found on our website. Hope to see you there!
Bollywood Dancing (16yrs+)
$18.00 for 6 classes
Sundays, 9:15am - 10:15am
January 20 - March 3

Bollywood combines elements of dance while focusing on beat sense, through a fun interactive workout. All levels welcome. No program: Feb. 17

Zumba (16yrs+)
$48.00 for 8 classes
Mondays, 6:30pm - 7:15pm
January 14 - March 11

Zumba is a dance-fitness program designed for people of all levels and abilities. The program is set to high-energy Latin beats to get participants fit and increase their energy levels. No program: Feb. 18

NEW Beginners English (16yrs+)
$52.00 for 4 classes
Mondays, 7:00pm - 8:00pm
February 11 - March 11

Join our instructor for an hour of fun and interactive English lessons. This program will focus on English vocabulary through games and handouts, which will be reinforced through conversation. No program: Feb. 18

NEW The Basics of Baking (16yrs+)
$64.00 for 4 classes
Mondays, 7:15pm - 8:45pm
January 21 - February 11

Join our instructor and learn a new recipe each week. You will be taught how to create delicious rich treats from scratch. One week will feature a gluten-free recipe!

Hatha Yoga (18yrs+)
$54.00 for 8 classes
Tuesdays, 10:00am - 11:00am
January 15 - March 5

Relax and stretch the body while calming the mind and spirit. Dress comfortably and bring a water bottle, warm blanket and pillow. Mats and bolsters will be available. All levels welcome.

Pawsitive Dog Training (All Ages)
$84.80 for 6 classes
Saturdays, 8:00am - 9:00am or
Fridays, 7:00pm - 8:00pm

Saturday programming is for puppies and/or beginner training. Dogs of any age are accepted. Friday programming is for advanced training, which will include retrieving, directional jumping, scent, etc.

French Level 1 (18yrs+)
$82.00 for 8 classes
Thursdays, 7:30pm - 8:45pm
January 24 - March 14

This fun and interactive program will incorporate the basics of the French language through games, handouts, and simple conversation. Participants will be given the opportunity to grasp rudimentary French vocabulary.

French Level 2 (18yrs+)
$82.00 for 8 classes
Thursdays, 6:00pm - 7:15pm
January 24 - March 14

This fun and interactive program will build on the knowledge learned in French Level 1. The instructor will focus on fundamental French vocabulary development and some basic grammar knowledge.

Yoga @ Alderson (18yrs+)
$52.00 for 8 classes
Wednesdays, 3:30pm - 4:30pm
January 16 - March 6

Relax and stretch your body while calming your mind and spirit. Bring a water bottle, a blanket and your own mat if you have one. Bolsters and mats will be available. All levels are welcome. This program takes place at Alderson Elementary School, 825 Gauthier Avenue, Coquitlam.

Candlelight Yoga (18yrs+)
$51.00 for 6 classes
Wednesdays, 7:15pm - 8:30pm
January 30 - March 6

Enjoy the relaxing atmosphere of candlelight for an awesome yoga session. Please bring your mat, blanket and water bottle. Mats and bolsters will be available. All levels are welcome.

Yoga @ Rochester (18yrs+)
$52.00 for 8 classes
Thursdays, 3:30pm - 4:30pm
January 17 - March 7

Relax and stretch your body while calming your mind and spirit. Bring a water bottle, a blanket and your own mat if you have one. All levels are welcome. This program takes place at Rochester Elementary School, 411 Schoolhouse St., Coquitlam.
English PLAY & LEARN

$324.00 for 24 classes
Mondays, Wednesdays & Fridays
Time: 12:30pm - 2:30pm
Dates: January 14 - March 13
Age: 3-5 yrs

This play based program introduces children to learning through story-telling, crafts, songs, movement and more. There will be several different themes explored throughout the program. Please pack a healthy snack and a reusable water bottle.

No program: Feb. 18 & Feb. 22

please call 604.933.6166
Caregiver Education & Support (50yrs+)
$57.00 for 4 classes
Mondays, 10:00am - 12:00pm
February 25 - March 18

Come learn helpful tips & strategies for Family Caregivers. You will get the tools you need to support your loved one. More importantly, the tools you need to remain healthy & well yourself. This program takes place in Centre Bel Âge.

Ballroom Dancing Social (50yrs+)
$51.00 for 6 classes
Tuesdays, 7:45pm - 8:45pm
January 29 - March 5

Enjoy some good company and dancing. Our instructor will lead you as you learn the basics of Ballroom Dancing such as tango, waltz, salsa and more. Please wear comfortable clothing. No high heels please. No partner necessary, singles and couples are welcome! This program takes place in Centre Bel Âge.

Creative Journaling (50yrs+)
$69.00 for 6 classes
Wednesdays, 10:00am - 11:30am
January 16 - February 20

Open yourself to a world of discovery as you spontaneously draw and write your way to authentic expression. Group journaling exercises include exploration of colours & materials, along with guided meditations. You will get a creative journal as individual as you. Sketchbook required. Program takes place in Lower Hall.

Strengthening Yoga (50yrs+)
$42.00 for 6 classes
Thursdays, 9:30am - 10:30am
January 10 - February 14

Come and join in as our Certified Yoga instructor leads you in a Yoga class that will help improve strength, balance and flexibility. This class will also help reduce stress and is a great opportunity to meet others. A chair and mat will be provided. Program takes place in Lower Hall.

Club Bel Âge

Bonjour & Welcome to Club Bel Âge!

We are a Seniors’ Club which celebrates Maillardville’s Francophone history and welcomes all of our multicultural friends & neighbors. Membership is open to all adults 50 Plus. Drop in for coffee & cookies, and stay for the fun & friendship. We are here for you to discover & enjoy!

Benefits of Membership
Join us for all or some of the following scheduled activities and much more:

Daily: Various card games (Cribbage & Whist)
Weekly: Women’s Craft Circle and free live music with The Jammers Band.

Special Events
Every month we offer new, engaging and fun programs for your enjoyment! Annual Fall Fair, Christmas Gala, 80yrs+ Tea Parties, Traveling Slideshows, Carpet Bowling and more!

For membership and schedules, call the Seniors Coordinator, Lisa at 604.933.6169

Website: www.clubbelage.ca
Email: centrebelage@shaw.ca

Hours: Mon - Thurs 10:00am - 3:30pm | Closed Fri
Location: Lower Annex, 1200 Cartier Ave, Coquitlam

** Membership is only $15 per calendar year **
We are always looking for enthusiastic and motivated volunteers for programs and special events. All volunteers need to be 13 years or older. Those 16 years of age and older, must complete a police information check.

**Spring Camp Volunteer Applications** are now being accepted. To find out more information about volunteering and to access the application forms, please visit our website: [http://www.placemaillardville.ca/career-volunteer/volunteer](http://www.placemaillardville.ca/career-volunteer/volunteer)

Please contact Melissa Bizier, Community Events Coordinator, for more information.
604.933.6166  |  events@placemaillardville.ca

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### Volunteer Opportunities Winter 2019

**Baby Swap Meet**  
**Sunday, March 10**  
Shift time 8:30am - 2:00pm  
- Help set up & clean up  
- Money handling

**Free Community Workshop**  
**Wednesday, January 16**  
Shift time 5:00pm - 9:00pm  
- Help setup & cleanup  
- Sign registrants in

**Playtime Programs**  
**Monday-Friday,**  
Varies between 9:30am - 2:30pm  
- 2 volunteers per day  
- Help setup & cleanup  
- Assist Rec Leaders

**Love Bugs - A Valentine's Day Event**  
**Sunday, February 10**  
Shift time 1:00pm - 6:00pm  
- Help set up & clean up  
- Run activities at the event

**Youth Drop In**  
**Monday-Friday**  
Shift time 3:00pm - 5:00pm  
- Help set up & clean up  
- Play games

**Birthday Parties**  
**Saturdays & Sundays**  
Shift time varies  
- Help set up & clean up  
- Play games
Birthday Parties
$180.00 for 12 children + $48 Refundable Deposit
Saturday: 1:30pm - 3:30pm or 5:00pm - 7:00pm
Sunday: 11:00am - 1:00pm or 2:30pm - 4:30pm

What's Included:
- An additional 30 minutes to set up & 30 minutes to clean up after the party
- Large Party Room
- Tables & Chairs
- Selection of age appropriate toys & equipment set up by our staff
- Kitchen Usage: Fridge for food storage, oven/stove for reheating, microwave, sink. (*Please bring utensils from home*)
- All decorations must be taken down after the party

How do I book a Party?
Call us at 604.933.6166 to check availability. To reserve your party, payment must be made in full, including refundable deposit at the time of booking. Two weeks prior to your party please call to confirm the number of guests attending.

Party Flow:
Your Party Leader will meet you upon arrival, show you the party space, go over safety rules, and discuss the flow of the party. Your party will consist of a combination of leader-led & free play activities.

Leader-led Activities may include:
Face Painting, Tag games, Soccer, Parachute games, Bouncy Castle, Dress up costumes

Free Play Activities may include:
Mini slide, Ride-on toys, Tents & tunnels, Toy kitchen

Add-Ons:
- $8.00 per extra child to a max. of 24 children
- $5.00 Balloon Animals Package
Rentals

**Serving Liquor at your rental:**
If you are serving alcohol, you are required to obtain a Special Events licence through LCB & Serving It Right. This licence must be displayed during your event and alcohol must be served by an individual who is "Serving it Right" certified.

**Socan Fee:**
The SOCAN FEE is a copyright collective agreement. You are required to pay the SOCAN FEE if you will be playing any music at your event.

A deposit is required at the time of booking. Please visit our website to see our current room pricing. All rentals are subject to availability. Please call our office for more information.

**please call 604.933.6166**

<table>
<thead>
<tr>
<th>Heritage Hall</th>
<th>Board Room</th>
<th>Meeting Room</th>
<th>Upper Lobby</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Room Size</strong></td>
<td><strong>2900 sqft</strong></td>
<td><strong>230 sqft</strong></td>
<td><strong>203 sqft</strong></td>
</tr>
<tr>
<td><strong>Room Capacity</strong></td>
<td><strong>150 seated</strong></td>
<td><strong>15 seated</strong></td>
<td><strong>15 seated</strong></td>
</tr>
<tr>
<td><strong>What's Included</strong></td>
<td><strong>200 Chairs</strong>&lt;br&gt;28/ 6 ft tables&lt;br&gt;9/ 8 ft tables&lt;br&gt;Kitchen</td>
<td><strong>15 chairs</strong>&lt;br&gt;Board table&lt;br&gt;TV</td>
<td><strong>15 chairs</strong>&lt;br&gt;4/ 6 ft tables&lt;br&gt;TV</td>
</tr>
</tbody>
</table>
Meets here every 8th Wednesday from 1:00pm - 8:00pm and
every 8th Sunday from 9:30am - 4:30pm.
**Dates for Winter**: Jan. 23, Feb. 17 & Mar. 20

To book an appointment, contact:
1-888-2-Donate
www.blood.ca

Share Family and Community Services offers several programs
throughout the community.

**For current programs, contact:**
604-936-3900
www.sharesociety.ca

Java House creates employment and volunteer work for
individuals with Developmental Disabilities. Each week enjoy live
music, dancing, and snacks. Admission is $2.00.
Thursdays 11:30am - 1:30pm (except holidays)

**For more information, contact:**
604-461-2131
www.communityintegration.org

Fraser Health is on location Friday mornings with a vaccination
clinic. Please note that we do not book appointments through the
Community Centre.

**To book an appointment, contact:**
604-476-7087
www.fraserhealth.ca

Scouts Francophone de la Colombie-Britannique

**For more information, contact:**
604-936-3624
www.scoutsfranco.com

Classes take place at Place Maillardville Community Centre on
Tuesdays and Thursdays.

**For more information, contact:**
604-921-7700
www.penkodonnell.com

Westcoast Family Centres contribute to the healthy development of children by providing services to strengthen the
relationship between children and families and between families and their communities.

**For information on programs, contact:**
604-944-2500
www.westcoastfamily.org
A Symbol of our Neighbourhood.
Proud of our past, engaged in the present and confident of our future
Great news! In early 2018, the City of Coquitlam Council approved a city staff report to proceed with building a replacement facility for Place Maillardville Community Centre. We will provide you with information as we receive it!

The report outlined a few key points:

**Construction for the new building will begin at the end of 2019**

**Tentative completion date has been proposed for the end of 2021**

**The new building will include a gymnasium and will be almost double our current square footage**

**Our current building will remain in operation during the construction process**

For more information please check out the City of Coquitlam website: [www.coquitlam.ca/placemaillardville](http://www.coquitlam.ca/placemaillardville)